



# Program Sessions

A complete view of all touchpoints across your 6-month leadership journey

## FULL PROGRAM SCHEDULE

**PRE-LAUNCH**



### Pre-Launch Intro Session

May 18, 2026 · Noon – 1:00 PM EDT

Virtual · Learning journey overview, expectations, Q&A

**IN-PERSON RETREAT · SESSION 1**



### Kickoff Retreat — Managing from the Inside Out

June 15–16, 2026

📍 Summit Chicago · 205 N. Michigan Avenue, Chicago, IL · Facilitated by Emma Hossack

**GROUP COACHING · 1 OF 3**



### Reflect & Refine — Coaching Session 1

June 30 or July 2, 2026 · Noon – 1:00 PM EDT (choose one date)

Virtual · 1 hour · Facilitated by Emma Hossack

**VIRTUAL WORKSHOP · SESSION 2**



### Coaching for Performance

July 30, 2026 · Noon – 2:00 PM EDT

Virtual via Teams · 2 hours · Facilitated by Beth Stacey

**GROUP COACHING · 2 OF 3**



### Reflect & Refine — Coaching Session 2

August 11 or August 13, 2026 · Noon – 1:00 PM EDT (choose one date)

Virtual · 1 hour · Facilitated by Beth Stacey

**VIRTUAL WORKSHOP · SESSION 3**



### The Impact of Effective Communication

September 10, 2026 · Noon – 2:00 PM EDT

Virtual via Teams · 2 hours · Facilitated by Beth Stacey

**GROUP COACHING · 3 OF 3**



### Reflect & Refine — Coaching Session 3

September 22 or September 24, 2026 · Noon – 1:00 PM EDT (choose one date)

Virtual · 1 hour · Facilitated by Beth Stacey

**IN-PERSON RETREAT · SESSION 4**



### Journey's Summit & Cultivate: Leadership Growth Lab

November 4–6, 2026

📍 Lexington, KY · Closing Summit (Nov 4) + Cultivate Conference (Nov 5–6) · Facilitated by Emma Hossack

**KEY**

- In-Person Retreat
- Virtual Workshop
- Group Coaching
- Pre-Launch