



FPSA Connect Quick Start Guide

Welcome to FPSA Connect — your new online community for collaboration, discussion, and resource-sharing across the food and beverage industry.

This short guide walks you through how to log in, personalize your profile, join conversations, and make the most of your new member benefit.

STEP #1: LOG IN

- Go to: connect.fpsa.org
- Use your [my.FPSA.org](https://my.fpsa.org) username and password.
- Forgot your login? Click “Forgot Password” on the sign-in page to reset it.
- Once logged in, you’ll be prompted to accept the Terms of Use.
- Tip: If you don’t receive your reset email, check your spam/junk folder.

STEP #2: UPDATE YOUR PROFILE

- Your profile is already linked to your FPSA member record.
- Click your profile icon → My Profile → Edit Profile.
- Add your photo, title, company, LinkedIn link, and a short bio.
- Choose how you’d like to receive notifications (real-time, daily, or weekly).
- Tip: Members are more likely to connect when they can put a face to a name!

STEP #3: MANAGE YOUR EMAIL PREFERENCES

- Go to My Profile → My Account → Community Notifications.
- Choose Real-time, Daily Digest, Weekly Digest, or No Emails.
- Tip: Daily Digest keeps you informed without overloading your inbox.

STEP #4: EXPLORE YOUR COMMUNITIES

- You’ve automatically been added to:
- All Members Community – the central hub for association-wide discussion.
- Your Council or Network Community – where you’ll collaborate on volunteer projects and share updates.
- To access your groups, click 'Communities' → 'My Communities.'
- Tip: You can view and join additional topic groups anytime under 'All Communities.'



STEP #5: JOIN THE CORE TOPIC DISCUSSIONS

- FPSA's five Core Topic Communities are open to all members — join any that match your interests:
Food Safety | Technology & Innovation | Workforce & Human Capital | Regulatory developments Career & Leadership Development
- To join:
 1. Click Communities → All Communities
 2. Select the topic you're interested in
 3. Click Join Community



TIP: These topic groups are a great way to learn from members beyond your Council or Network

STEP #6: PARTICIPATE IN A DISCUSSION

- Click 'Add a Discussion' to start a new thread.
- Reply to an existing post to share your thoughts.
- You can also post or reply directly from your email digest.
- Tip: The more you engage, the more valuable FPSA Connect becomes for everyone.

STEP #7: VISIT THE RESOURCE LIBRARY

- Each community has a Library for sharing documents, recordings, and links.
- To upload: Click 'Add' → 'Upload a File.'
- To browse: Click 'Library Entries.'



TIP: Uploads automatically generate discussion threads for feedback and questions

STEP #8: CONNECT AT EATS 2025

- We'll be celebrating the official launch of FPSA Connect at EATS 2025 in Chicago.
- Stop by the FPSA booth for live demos, profile help, and to meet fellow members in person!

NEED HELP?

- Email info@fpsa.org for login or access questions
- Watch the [Intro Video](#) for a 3-minute walkthrough.

**Start exploring FPSA Connect today — your peers,
your resources, your community.**